

Type 2 Diabetes Doctor/Patient Discussion Guide _____

Print this guide, take it with you on your next doctor's visit, and use the questions to help start a conversation with your doctor about your type 2 diabetes and current treatment. Work with your doctor to complete the information and keep this page so you can see how you're doing until your next appointment.

1 My most recent A1C was: _____
My A1C goal is: _____

2 My current blood pressure and cholesterol readings are: Blood pressure _____ Cholesterol _____
My goal blood pressure and cholesterol readings are: Blood pressure _____ Cholesterol _____

3 My current weight is: _____
My goal weight is: _____

4 Topics to discuss since my last visit:

The information on this website is intended for educational use only; it is not intended to provide, or be a substitute for, professional medical advice, diagnosis, or treatment. Only a physician or other qualified healthcare professional can provide medical advice, diagnosis, or treatment. Always consult your physician on all matters of your personal health.

